

## BREAKHEART TRAILS

Trail	Distance (In Miles)	Difficulty	Marked in	Description
Saugus River Trail	0.75	2	Yellow	Travels along the Saugus River
Saugus River link Trail	.15	1	Yellow	Connects the Fox Run Trail and the Saugus River Trail
Lodge Trail	0.21	1	Red	Trail goes by an old hunting lodge
Rhododendron Grove Trail	0.10	1	Orange	Off the Lodge Trail goes around the rhododendron grove
Mill Dam Trail	0.14	1	Blue	Runs off the Saugus River Trail to an old mill dam
Fox Run Trail	0.80	2	Red	Goes between Park Headquarters and the beach
Breakheart Hill Trail	0.21	2	Yellow	Goes up to Breakheart Hill
Pearce Lake Trail (Lower Lake Trail)	1.32	1	Blue	Goes around Pearce Lake
Fern Trail	0.26	1	White	Links Hemlock Road to Pearce Lake Trail
Eagle Rock Trail	.25 .13 to top	2	Blue	Goes to the top of Eagle Rock that overlooks the beach
Jeep Trail	0.38	1	Blue	Connects Elm Road to Pearce Lake Trail
Silver Lake Trail (Upper Pond Trail)	0.76	1	Blue	Goes around Silver Lake
Lake Link Trail	.14	1	Blue	Connects the Upper and Lower Lake crossing the Flume Trail
Flume Trail	0.07	1	Blue	Connects Pearce Lake and Silver Lake via a flume
Flume Road Trail	0.33	1	White	Connects Pine Tops Road and Hemlock Road
Ridge Trail	1.87	3	White	Goes along the 200' hills
Ridge Link Trail	.14	2	White	Connects the Ridge Trail and Hemlock Road
Castle Rock Trail	0.08	2	White	Off the Ridge Trail this trail goes up to Castle Rock the highest point in Breakheart 280'
Ash Path Trail	0.90	1	White	Goes around Ash Hill

Note: Difficulty

1. Easy Terrain is mostly flat but does have some small inclines
2. Moderate Terrain can be hilly and rocky with some steep inclines
3. Strenuous Terrain is mostly hilly and rocky with some steep inclines